



NORTH SHORE AREA PARTNERS
Care Connections

What	Memory Café is a fancy name for a support group we call, Care Connections. At Care Connections, we leave the diagnosis at the door, and help foster relationships between caregivers and the recipient. It's a place to enjoy one another's company while forming bonds and connections with others experiencing similar changes and challenges of life.
Who	Care Connections is open to PAST & PRESENT caregivers and those they take care of. Participants may be individuals with a traumatic brain injury, or with memory challenges found in aging and forms of dementia, but those who do not fall under those circumstances are also encouraged to participate. The group is facilitated by NSAP staff and volunteers.
How	Meetups offer support surrounding memory challenges, but focus more on activities that provide fun, support, and promote peace and a sense of wellbeing through music, crafts, games, visits, exercise and other techniques.
Where & When	Clair Nelson Center 6866 Cramer Rd, Finland 2nd Wednesdays 10 – 11 am



***Please contact NSAP's Care Navigator
if you are interested in learning more.***
ericka@nsapartners.org | 218-353-1464



North Shore Area Partners dementia programs are funded by MN Department of Human Services - MN Board on Aging grants. However, individual contributions are critical to our work. Learn more about how you can support us by visiting www.nsapartners.org/donate.