



Supporting Independence  
for Older Adults

# NORTH SHORE AREA PARTNERS

## COMMUNITY PLANNING & CARE COORDINATION

A PROJECT FUNDED BY THE NORTHLAND FOUNDATION

Earlier this year, North Shore Area Partners was selected to participate in the Northland Foundation’s Integrated Rural Community Aging Program as one of eight Community Planning and Care Coordination Project sites. As our first step, North Shore Area Partners gathered a coalition of community stakeholders which met for the first time earlier this month. Over the next few months, we will assess our community’s existing services, identify gaps, and develop an action plan to increase awareness, access, and availability of services and support to help older adults and their family caregivers age in their homes and communities of choice. We will have two years to implement our plan with funding support from Northland Foundation. If you are passionate about helping our community meet the needs of its older population, you are welcome to join us. Monthly meetings are held online with the next one on August 19th. **Questions? Please call 218-226-3635.**

## WE'RE MOVING THIS FALL!

Renovation will begin shortly on North Shore Area Partners’ future location at the Silver Bay shopping center. Signs will go up, walls will come down, and a space will be created to better serve older adults and our whole community. **We still welcome your input as we prioritize our plans. Fill out the quick survey below.**



### Give Us Your Opinion...

Your Age:

Please rank the following options in order of **importance to you** (from 1-10), then mail or drop off at our office at the Service Center or in the night drop at our new Shopping Center location. Additional ideas and comments are welcome.

- Coffee/Tea/Smoothie Shop** with drive through and indoor-outdoor seating
- Intergenerational Community Space** for public and private events
- Senior Social Center** for formal and informal gatherings
- Adult Game Room** for puzzles, cards, pool table, etc.
- Adult Day Center** for caregiver respite

- Health & Wellness Programs** classes and/or speakers
- Mental Health & Chronic Conditions** information and support
- Dementia Support** for individuals and families
- Exercise & Fitness Classes**
- Internet & Technology** access and assistance

## HOW WE CAN HELP

### HOMEMAKING & CHORES

grocery shopping,  
frozen Meals-on-Wheels delivery,  
light housekeeping,  
light yard work & repairs.

### TRANSPORTATION

rides to medical appointments in  
Two Harbors and the Duluth area.  
Masks required.

### COMPANIONSHIP & CAREGIVER SUPPORT

friendly phone calls,  
respite for caregivers,  
caregiver consultation.

### PARTNERSHIP PROGRAMS

emergency phone assistance,  
tax preparation service,  
legal aid appointments,  
medical equipment loan closet.

### PERSONALIZED SERVICES

service coordination,  
assistance with forms & paperwork,  
one-on-one technology assistance,  
education & advocacy.

### IN-HOME SUPPORT

assistance with activities of daily  
living and household tasks,  
mobility & movement assistance,  
medication reminders.

**NSAP serves everyone  
regardless of race, color,  
national origin, religion,  
sex, age, or disability.**

**Compassionate and confidential  
support for older adults age 60+  
who wish to remain in their homes  
for as long as possible.**

99 Edison Blvd, Room 20  
Silver Bay, MN 55614  
218-226-3635  
www.nsapartners.org

## BRINGING GENERATIONS TOGETHER

Bringing generations together during COVID-19 has presented a challenge for the North Shore AGE to Age group, a project funded by the Northland Foundation and fiscally sponsored by North Shore Area Partners. "Let's sing to our neighbors who are quarantined in their homes!" was one idea put forth by our Outreach Coordinator Nancy Christenson and her fellow members of the North Shore Singers. And sing they did, on the sultry afternoon of July 7. "Thank you for visiting!" was the joyful refrain from all ten households who received visits from the singers. "I'd Like to Teach the World to Sing" and Woody Guthrie's "This Land is Your Land" provided a "day-breaker" according to one listener. A total of 27 residents enjoyed the unexpected performances - including individuals, a multi-generational family, and a coffee group of stay-at-home neighbors in their garage. In gratitude, three school age girls offered up their own song to the traveling singers.



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### HAVE YOU FILLED OUT THE CENSUS YET?

If you need assistance, please don't hesitate to call! 218-226-3635

### WE'RE HIRING!

Our team is looking for compassionate, dependable and motivated individuals to join our expanding programs for older adults! You can find a detailed overview of the below positions on our website:

[www.nsapartners.org/careers](http://www.nsapartners.org/careers)

- Home Care Coordinator
- Home Health Aides
- Caregiver Consultant

Visit [www.nsapartners.org/careers](http://www.nsapartners.org/careers) for more information or call 218-226-3635



### PLEASE CONSIDER NORTH SHORE AREA PARTNERS FOR YOUR CHARITABLE GIVING!

**We can't do it without your support! Thank you for your gift!**

I wish to make a gift of: \$10 \_\_\_ \$25\_\_\_ \$50 \_\_\_ \$100 \_\_\_ Other \_\_\_\_\_

Please accept my gift in honor/memory of: \_\_\_\_\_

#### OFFICE HOURS

*Open By Appointment*

**MONDAY – THURSDAY**

**9:00 AM – 3:00 PM**

**FRIDAY**

**Closed until further notice**

#### PROGRAM STAFF

**Lise Abazs**, Executive Director

**Keri Johansen**, Programs

**Judy Larson**, Volunteers & Services

**Nancy Christenson**, Outreach

**Sarah Thomson**, Communications

**Mary Aijala**, Caregiver Consultant

#### HOME CARE

**Dedie Moore**, RN

**Diane LaBerge**, MA

**Annette Lewis**, MA

**Bambi Raddatz**, CNA

#### BOARD OF DIRECTORS

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**Ann Snyder**, Treasurer

**Jessica Denhoff**

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**Theresa Rose**

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#### SUPPORTED BY:

Minnesota Dept of Human Services,  
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Northland Foundation, United Way,  
Cliffs Foundation, Co-op Light & Power,  
& many local individuals and businesses