



Supporting Independence  
for Older Adults

## NORTH SHORE AREA PARTNERS

### COVID-19 RESPONSE

**PLEASE DON'T HESITATE TO REACH OUT – WE ARE HERE TO HELP!**

We are following recommended guidelines to protect our community from the spread of COVID-19 by suspending **in-person meetings, public programs, and non-essential transportation.**

Although the NSAP office is closed to the public, we are fully staffed to answer phones and are taking additional safety precautions including regularly sanitizing surfaces and keeping physical distance between us. We are meeting individuals at the outside door to provide or receive anything that can't be done over the phone or internet.

### ONGOING SERVICES

- **Home delivery:** Deliveries of prescriptions, groceries and supplies will be twice a week (Tuesdays & Fridays).
- **Meals-On-Wheels:** Delivery continues, with added safety precautions and no crossing of house thresholds.
- **Transportation to essential medical appointments:** Both driver and rider will be screened for exposure/symptoms on the day of the appointment and the rider will sit in the back seat if possible.
- **Regular telephone assurances, check-ins, and service coordination:** Let us know if there is someone we should call.
- **In-home personal care and respite by special arrangement:** Please contact us for more information at 218-226-3635.

### SUSPENDED SERVICES

- **AARP Tax Aide:** Federal and State tax deadlines have been extended until July 15.
- **Legal Aid:** Assistance is still available by phone through Northeast MN Legal Aid office (800-933-1112).
- **All non-essential assisted transportation:** We are still arranging rides for essential medical appointments.
- **NSAP in-person gatherings and meetings:** Suspended until further notice, including caregiver support group and solos support group. Please call 218-226-3635 for individual assistance and support.

### HOW WE CAN HELP

#### HOMEMAKING & CHORES

grocery shopping,  
frozen Meals-on-Wheels delivery,  
light housekeeping,  
light yard work & repairs.

#### TRANSPORTATION

rides to essential medical  
appointments in Two Harbors and  
the Duluth area.

#### COMPANIONSHIP & CAREGIVER SUPPORT

friendly phone calls,  
respite for caregivers,  
caregiver consultation.

#### SERVICES & REFERRALS

emergency phones,  
tax preparation (suspended),  
medical equipment loan closet,  
education & advocacy,  
service coordination.

#### IN-HOME SUPPORT

assistance with activities of daily  
living and household tasks,  
mobility & movement assistance,  
medication reminders.

**Compassionate and confidential  
support for older adults age 60+  
who wish to remain in their homes  
for as long as possible.**

99 Edison Blvd, Room 20  
Silver Bay, MN 55614  
218-226-3635  
www.nsapartners.org

## NORTH SHORE AREA PARTNERS ACQUIRES THE PREVIOUS SILVER BAY WELLS FARGO BUILDING

Be watching for a change at the Silver Bay Shopping Center soon. This March, Wells Fargo donated their vacant bank building to North Shore Area Partners. We are thrilled at the opportunity to expand our visibility and accessibility in the community. We have visions of more office space, private consulting rooms, adult day services, and a public gathering place for casual visiting, games and coffee. We look forward to working with the community to determine the priorities for this development. Through their *Integrated Rural Community Aging Program*, the **Northland Foundation has awarded North Shore Area Partners a generous three-year Community Planning and Care Coordination grant** to create a better-coordinated range of services and supports for older adults. The end goal is to help ensure that people in our region, as they age, can live with dignity and independence, maintain healthy social connections, and have access to the care they need. Over the next several months, with input from the community, North Shore Area Partners will be putting together an action plan designed to improve awareness and delivery of supports to older adults in our area.



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## WE NEED YOUR HELP TO RESPOND TO THE CENSUS

People have begun receiving their 2020 census forms in the mail this month. The census looks different from past years since this is the first census with an option to respond electronically. Depending on where you live, you will get either a traditional paper version or a postcard instructing you how to respond via internet or phone. Paper forms will be mailed to anyone who has not responded by April 8. **Important funding to our community is dependent on everyone responding to the census.** Missing just one person in the census will result in a loss of over \$27,000 of federal funding to Minnesota over the 10 years until the next census. For this reason, North Shore Area Partners considers it especially important to get a **complete count of people 60+** since that affects funding for services to help people stay living at home. **Please call if you have questions or need assistance: 218-226-3635.**

## WE WELCOME VOLUNTEERS!

Many vulnerable people in our communities will be self-isolating themselves for their safety. Thank you to the individuals who have already volunteered, and to the community who is pulling together to care for one another. **Call 218-226-3635 for more information.**



### OFFICE HOURS

*Open for phone calls only. No in-person visits.*

**MONDAY – THURSDAY  
9:00 AM – 3:00 PM  
FRIDAY  
9:00 AM – 12:00 PM**

### PROGRAM STAFF

**Lise Abazs**, Executive Director  
**Judy Larson**, Volunteers & Services  
**Nancy Christenson**, Outreach  
**Sarah Thomson**, Communication

### HOME CARE

**Cathy Nagler**, Coordinator  
**Debie Moore**, RN  
**Diane LaBerge**, MA  
**Annette Lewis**, MA  
**Bambi Raddatz**

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### SUPPORTED BY:

Minnesota Dept of Human Services,  
Lake County Health & Human Services,  
Arrowhead Area Agency on Aging-ARDC,  
AEOA, Lloyd K. Johnson Foundation,  
Northland Foundation, United Way,  
Cliffs Foundation, Co-op Light & Power,  
& many local individuals and businesses