

# Nail Care & Blood Pressure Clinics

---



**\*3rd Thursday each month | 9 am - 3 pm**

*\*unless otherwise noted*

**36 Shopping Center, Silver Bay**

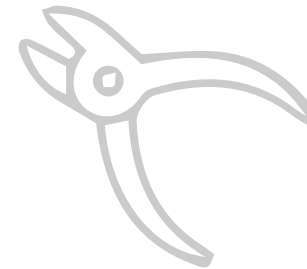
These services are for older adults 60+. Drop in anytime between 9 and 3 to get your blood pressure checked for free.

**Nail care is by appointment only** – please schedule a time by calling **Keri** at **218-353-1449**.

**Toenail care = \$15**

**Fingernail care = \$15**

**Toe AND fingernail care together = \$20**



*Please note that we are unable to offer nail care to individuals with certain health conditions such as diabetes.*



North Shore Area Partners programs are funded in part by MN DHS Live Well at Home grants. However, individual contributions are critical to our work. Learn more how you can support us by visiting [www.nsapartners.org/donate](http://www.nsapartners.org/donate).