



PROGRAMS & SERVICES GUIDE

www.nsapartners.org | 218-226-3635
Caring ~ Connecting ~ Community

CAREGIVER SUPPORT

- ◉ Monthly Caregiver & Grief Support Groups
- ◉ Individual Meetings & Support (Caregiver Consulting)
- ◉ Caregiver Education
- ◉ Respite Services
- ◉ Resource Assistance & Advocacy

RESOURCES

- ◉ Technology Support
- ◉ Free Tax Preparation
- ◉ Legal Kiosk
- ◉ Medical Equipment Loan Closet

HOME CARE

- ◉ Assessment & Intake
- ◉ Financial & Benefits Consultation
- ◉ Errands & Groceries
- ◉ Light Housekeeping
- ◉ Meal Prep
- ◉ Laundry
- ◉ Medication Set Up & Reminders
- ◉ Non-Medical Nail Care
- ◉ Personal Cares (i.e., hygiene, bathing, dressing)
- ◉ Respite



CARE NAVIGATION

- ◉ Service Planning
- ◉ Financial & Health Care Directives Resources
- ◉ Home Safety Assessment
- ◉ Paperwork Assistance
- ◉ Information & Referrals
- ◉ Resource Assistance & Advocacy
- ◉ Veteran's Benefits

TRANSPORTATION

- ◉ Local Errands
- ◉ Medical Appointments

PUBLIC PROGRAMMING

- ◉ Workshops
- ◉ Meals On Wheels Delivery
- ◉ Coffee Connection (Tues. & Thurs. 9:30 am – 12 pm)
- ◉ Weekly Activities (Adult Coloring, Arts & Crafts, Games, & More!)
- ◉ Silver Bay Walking Club (Mon. 9 am – Mary Mac Building)
- ◉ Tai Ji Quan (Mon. & Wed. 8:30 – 9:30 am)
- ◉ RSVP Bone Builders (Tues. & Thurs. 9:30 – 10:30 am)
- ◉ Monthly Nail Care & Blood Pressure Clinics (Third Thursday 9 am – 3 pm)
- ◉ Monthly Full-Service Foot Care Clinics

Your community nonprofit provides services regardless of income!



North Shore Area Partners programs are funded in part by MN DHS Live Well at Home grants. However, individual contributions are critical to our work. Learn more about how you can support us by visiting www.nsapartners.org/donate.

North Shore Area Partners' dedicated volunteers and staff provide compassionate and confidential assistance that enables adults age 60+ to remain in their own homes and connected to our community as long as possible. We are committed to serving all residents regardless of their financial circumstances.

OUR MISSION

Caring for older adults in the heart of the North Shore.

Connecting people with resources and each other.

Supporting an age-friendly space and community.

OUR VISION

The dignity and worth of all people.

The power of community.

Working respectfully and professionally.

FINANCIAL SUPPORT

Consider helping us financially.

- Donate by mail or at nsapartners.org/donate.
- Share in the cost of home care and transportation services based on your income.
- Remember us in your will or contribute to our endowment fund to provide a sustainable organization for your loved ones and our community.

VOLUNTEER WITH US

There are many ways to help!

- Drive to medical appointments.
- Help with grocery shopping.
- Make friendly visits and phone calls.
- Help with NSAP's veggie and flower gardens.
- Serve on the Board of Directors.
- Students! Consider us for your required school service hours.
- Contact stacey@nsapartners.org.

SERVICE AREA

Our service area includes the Beaver Bay, Silver Bay, Finland, Isabella, and Little Marais communities.



We also offer home care services outside of our normal service area—up the shore to Lutsen and down the shore to Knife River.

CONTACT US

36 Shopping Center
Silver Bay, MN 55614

218-226-3635

info@nsapartners.org
www.nsapartners.org

Open Monday - Thursday
8:30 am - 4 pm