

Parkinson's Support Group



CHEERS

COMMUNITY. HOPE. EXERCISE. EDUCATION. RESEARCH. SELF-ADVOCACY

Group Facilitator:

Karen Bzdok

Meetings hosted at:

North Shore Area Partners

36 Shopping Center, Silver Bay, MN 55614

1st Wednesday of the month at 10:30 am

RSVP 320-310-2584

This is a safe space for individuals living with Parkinson's Disease, family and caregivers, where we will concentrate on the aspects of living well.



North Shore Area Partners programs are funded in part by MN DHS Live Well at Home grants. However, individual contributions are critical to our work. Learn more how you can support us by visiting www.nsapartners.org/donate.