



# PROGRAMS & SERVICES GUIDE

[www.nsapartners.org](http://www.nsapartners.org) | 218-226-3635  
Caring ~ Connecting ~ Community

## HOME CARE

- ◉ Assessment & Intake
- ◉ Financial & Benefits Consultation
- ◉ Errands & Groceries
- ◉ Light Housekeeping
- ◉ Meal Prep
- ◉ Laundry
- ◉ Medication Set Up & Reminders
- ◉ Non-Medical Nail Care
- ◉ Personal Cares (i.e., hygiene, bathing, dressing)

## CAREGIVER SUPPORT

- ◉ Monthly Caregiver & Grief Support Groups
- ◉ Individual Meetings & Support
- ◉ Caregiver Education
- ◉ Respite Services & Friendly Visits

## RESOURCES

- ◉ Technology Support
- ◉ Free Tax Preparation
- ◉ Legal Kiosk
- ◉ Medical Equipment Loan Closet



## CARE NAVIGATION

- ◉ Service Planning
- ◉ Financial & Health Care Directives Resources
- ◉ Home Safety Assessment
- ◉ Paperwork Assistance
- ◉ Information & Referrals
- ◉ Resource Assistance & Advocacy
- ◉ Veteran's Benefits

## TRANSPORTATION

- ◉ Local Errands
- ◉ Medical Appointments

## PUBLIC PROGRAMMING

- ◉ Workshops
- ◉ Senior Congregate Dining
- ◉ Meals On Wheels Delivery
- ◉ Coffee Connection  
(Tues. & Thurs. 9:30 am – 12 pm)
- ◉ Weekly Activities  
(Adult Coloring, Arts & Crafts, Games, & More!)
- ◉ RSVP Bone Builders  
(Tues. & Thurs. 9:30 – 10:30 am)
- ◉ Monthly Nail Care & Blood Pressure Clinics  
(Third Thursday 9 am – 3 pm)
- ◉ Monthly Full-Service Foot Care Clinics

*Your community nonprofit provides services regardless of income!*



North Shore Area Partners programs are funded in part by MN DHS Live Well at Home grants. However, individual contributions are critical to our work. Learn more about how you can support us by visiting [www.nsapartners.org/donate](http://www.nsapartners.org/donate).

*North Shore Area Partners' dedicated volunteers and staff provide compassionate and confidential assistance that enables adults age 60+ remain in their own homes and connected to our community as long as possible. We are committed to serving all residents regardless of their financial circumstances.*

## OUR MISSION

Supporting independence for seniors.

## OUR VISION

The dignity and worth of all people.

The power of community.

Working respectfully and professionally.

## FINANCIAL SUPPORT

*Consider helping us financially.*

- Donate by mail or at [nsapartners.org/donate](https://nsapartners.org/donate).
- Share in the cost of home care and transportation services based on your income.
- Remember us in your will to provide a sustainable organization for your loved ones and our community.

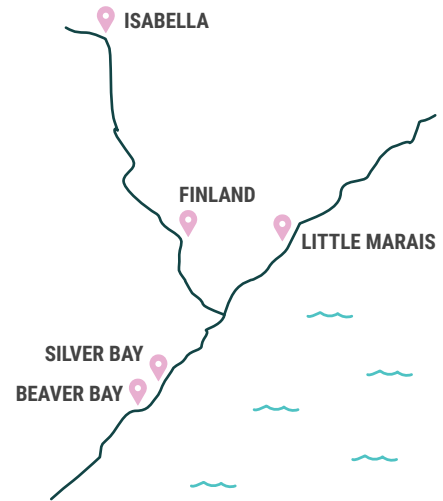
## VOLUNTEER WITH US

*There are many ways to help!*

- Drive to medical appointments.
- Help with grocery shopping.
- Make friendly visits and phone calls.
- Assist with light chores and housekeeping.
- Provide respite care.
- Students! Consider us for your required school service hours.
- Contact [stacey@nsapartners.org](mailto:stacey@nsapartners.org).

## SERVICE AREA

We provide services to Eastern Lake County, MN, including the Beaver Bay, Silver Bay, Finland, Isabella, Little Marais, communities and surrounding area.



*We also offer home care services to Two Harbors and Schroeder areas.*

### North Shore Area Partners Staff:

**Lise Abazs** | Executive Director  
**Keri Johansen** | Executive Assistant  
**Ericka Blanchard, LSW** | Care Navigator & Home Care Manager  
**Stacey Hohman** | Program & Volunteer Coordinator  
**Nancy Christenson** | Special Projects Coordinator  
**Sarah Thomson** | Communications Coordinator  
**Melissa Palen** | Office Administrator  
**Dedie Moore, RN** | Nurse Supervisor  
**Jena Bautch, LPN, FCS** | Foot Care Specialist  
**Collette Klemmer** | Home Health Aide Lead  
**Annette Lewis, CMA** | Home Health Aide  
**Samantha Ahlbeck** | Home Health Aide  
**Nicolle Parks** | Home Health Aide  
**Kari Mathews** | Home Health Aide  
**Sarah Winkler** | Home Health Aide  
**Linda Kinnunen** | Home Health Aide  
**Tonja Fultz** | Home Health Aide  
**Courtney Anderson** | Home Health Aide  
**Melanie Hangartner** | Home Health Aide  
**Tammi Thompson** | Home Health Aide

### Contact Us

**36 Shopping Center  
Silver Bay, MN 55614**

**218-226-3635  
[info@nsapartners.org](mailto:info@nsapartners.org)  
[www.nsapartners.org](http://www.nsapartners.org)**

### Office Hours

**Monday – Thursday**

8:30 am – 4 pm