

CAREGIVER SUPPORT *Services*

Provide positive support and care for your loved one with our confidential support, advocacy, and resources for caregivers.



If you are caring for a spouse, aging parent, or a neighbor, you may need support. We are here to help!

- Monthly Caregiver and Grief Support Groups
- Individual Meetings and Support
- Care Assessment and Planning
- Caregiver Education
- Respite Services and Friendly Visits
- Resource Assistance and Advocacy

Caregiver Support Group

2nd Thursday, 1 – 2:30 pm
36 Shopping Center, Silver Bay

Grief Support Group

1st Thursday, 1 – 2 pm
36 Shopping Center, Silver Bay

These groups are open — no need to register before attending.

"A place for caregivers to be heard and to be understood."

**Call 218-226-3635 or email
info@nsapartners.org for more information.
www.nsapartners.org**

North Shore Area Partners programs are funded in part by MN DHS Live Well at Home grants. However, individual contributions are critical to our work. Learn more about how you can support us by visiting www.nsapartners.org/donate.



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