



Out of Service Area – Home Care Service Descriptions

Home Management & Respite

NSAP staff do not perform any duties outside of the home.

\$40/hour

- Light Housekeeping: mopping, vacuuming, dishes, wiping counters, cleaning bathrooms, removing trash, changing bedding, light socialization.
- Assistance with Instrumental Activities of Daily Living (IADLS) such as: meal preparation, shopping, errands, assistance with making phone calls and transportation arrangements, assistance with reading the paper and opening the mail, organizing household items, light home repair (changing light bulbs), laundry, cleaning refrigerator/freezer, organizing household, inside window washing, helping with email.

Home Management, Personal Cares & Respite

\$50/hour

- Light Housekeeping: mopping, vacuuming, dishes, wiping counters, cleaning bathrooms, removing trash, changing bedding, light socialization.
- Assistance with Instrumental Activities of Daily Living (IADLS) such as: meal preparation, shopping, errands, assistance with making phone calls and transportation arrangements, assistance with reading the paper and opening the mail, organizing household items, light home repair (changing light bulbs), laundry, cleaning refrigerator/freezer, organizing household, inside window washing, helping with email.
- Assistance with Activities of Daily Living (ADLS) such as: bathing, toileting, grooming, dressing, eating and transfers, bed bath.
- Medications set up and reminders provided.
- Taking blood pressure and reporting as directed, assisting to appointments for non-emergent medical appointments, range of motion exercises, supervised walking, assisting with telehealth.
- Hoyer lift usage, Catheter Care (requires supervised training by RN before directing care), special request needs such as wound care, ostomy care etc. ask RN.

Nurse or Social Worker Home Visit

\$60/hour

****For Home Care Clients, there is a \$50/month minimum charge to cover administration costs.***

****Cancellations with less than 48 hours' notice will be billed for one hour at full price.***