




Supporting Independence
for Older Adults


NORTH SHORE AREA PARTNERS

COVID-19 UPDATE **OUR OFFICE AT THE LAKE COUNTY SERVICE CENTER IS OPEN BY APPOINTMENT**

North Shore Area Partners continues to offer a wide range of services to individuals over 60 years old -- from Beaver Bay/Silver Bay to the Finland/Isabella area. COVID-19 has changed how we interact with you, but we are still here to help in any way we can. Our office is open for in-person assistance by appointment, and we are available by phone during regular office hours. Volunteers and staff are following careful protocols to maintain your safety and theirs. **We are here for you - even if you have never needed or asked for services before.** Our new delivery service will bring groceries and prescriptions to your door. We can take you to your medical appointments and help you with light chores or housekeeping needs. If you are a caregiver, our trained employees can provide respite and other personal support. Call us to find out how we can help you stay safe and comfortable in your home.

Check out the services we offer 

WE'RE MOVING THIS SUMMER!

By generous donation from Wells Fargo, North Shore Area Partners is the proud owner of the former bank building in the Silver Bay Shopping Center. You may notice our signs appearing, and over the next few months you will see more activity as we renovate the space for new uses. By fall, we will be moving our offices to this easily accessible location, and we will have room for a variety of other activities that will serve seniors and the whole community. Help us prioritize our plans by filling out the quick survey below. 

Give Us Your Opinion...

Your Age:

Please rank the following options in order of **importance to you** (from 1-10), then mail or drop off at our office at the Service Center or in the night drop at our new Shopping Center location. Additional ideas and comments are welcome.

- Coffee/Tea/Smoothie Shop** with drive through and indoor-outdoor seating
- Intergenerational Community Space** for public and private events
- Senior Social Center** for formal and informal gatherings
- Adult Game Room** for puzzles, cards, pool table, etc.
- Adult Day Center** for caregiver respite

- Health & Wellness Programs** classes and/or speakers
- Mental Health & Chronic Conditions** information and support
- Dementia Support** for individuals and families
- Exercise & Fitness Classes**
- Internet & Technology** access and assistance

HOW WE CAN HELP

HOMEMAKING & CHORES

grocery shopping,
frozen Meals-on-Wheels delivery,
light housekeeping,
light yard work & repairs.

TRANSPORTATION

rides to medical appointments in
Two Harbors and the Duluth area.
Masks required.

COMPANIONSHIP & CAREGIVER SUPPORT

friendly phone calls,
respite for caregivers,
caregiver consultation.

INFORMATION & REFERRALS

emergency phones,
tax preparation (cancelled),
medical equipment loan closet,
education & advocacy,
service coordination.

IN-HOME SUPPORT

assistance with activities of daily
living and household tasks,
mobility & movement assistance,
medication reminders.

Compassionate and confidential support for older adults age 60+ who wish to remain in their homes for as long as possible.

99 Edison Blvd, Room 20
Silver Bay, MN 55614
218-226-3635
www.nsapartners.org

THANK YOU TO VOLUNTEERS

A heartfelt thank you to North Shore Area Partners volunteers and the community at-large for helping our neighbors during the COVID-19 pandemic. The CDC has issued a statement that the pandemic is not over yet, and **we continue to welcome new volunteers so we can be prepared for whatever needs arise.** If you are already a volunteer for NSAP and have not signed up during the pandemic but would like to be on our call list, please contact us at 226-3635. Opportunities are available for shopping and delivery of groceries and prescriptions, and transportation to medical appointments. We encourage you to continue to look out for your neighbors, practice social distancing guidelines of 6 feet when possible, and when distancing is not possible or you are out in public, we encourage you to wear a mask. **Stay safe and healthy!**

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NSAP serves everyone regardless of race, color, national origin, religion, sex, age or disability.



**HAVE YOU FILLED OUT
THE CENSUS YET?**

**If you need assistance, please don't
hesitate to call! 218-226-3635**

MEET OUR NEW PROGRAM COORDINATOR!

Keri brings over 13 years of experience in the health field as a Certified Nursing Assistant from the MN Veterans Home and Ecumen at Home. She spent over five years going into homes around Silver Bay and surrounding areas helping take care of the elderly. Keri volunteers as an Assistant Volleyball Coach, Girl Scout Troop leader and helps coordinate with the SKATE Program for the youth hockey here in Silver Bay. Her hobbies include family time, camping and gardening.



Keri Johansen



**PLEASE CONSIDER NORTH SHORE AREA PARTNERS
FOR YOUR CHARITABLE GIVING!**

We can't do it without your support! Thank you for your gift!

I wish to make a gift of: \$10 ___ \$25 ___ \$50 ___ \$100 ___ Other ___

Please accept my gift in honor/memory of: _____

OFFICE HOURS

Open By Appointment

MONDAY – THURSDAY

9:00 AM – 3:00 PM

FRIDAY

9:00 AM – 12:00 PM

PROGRAM STAFF

Lise Abazs, Executive Director
Judy Larson, Volunteer & Service
Nancy Christenson, Outreach
Keri Johansen, Program
Sarah Thomson, Communication
Mary Aijala, Caregiver Consultant

HOME CARE

Deddie Moore, RN
Diane LaBerge, MA
Annette Lewis, MA
Bambi Raddatz, CNA

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SUPPORTED BY:

Minnesota Dept of Human Services,
Lake County Health & Human Services,
Arrowhead Area Agency on Aging-ARDC,
AEOA, Lloyd K. Johnson Foundation,
Northland Foundation, United Way,
Cliffs Foundation, Co-op Light & Power,
& many local individuals and businesses