



Supporting Independence
for Older Adults

NORTH SHORE AREA PARTNERS

WHEN YOU NEED A RIDE, WHO YOU GONNA CALL? North Shore Area Partners!



Call us at 218-226-3635 and ask for Stacey to make a transportation reservation. Please give us 48 hours notice if possible. 😊

Many thanks to all the great volunteers out there who are providing rides to NSAP clients locally, to Duluth, and even to the Twin Cities. Assisted transportation is one of our **most frequently used services**, so we are always in search of more drivers. If you or anyone you know is interested in volunteering, please let us know!



Remember, cash should *no longer* be exchanged between volunteer drivers and riders. We are putting a **new system** in place to request contributions from clients for the cost of this service. **This system is called, Cost Sharing.**

What is Cost Sharing?

Cost sharing is how NSAP clients are asked to share in the cost of the services they are receiving. These services include rides, housekeeping, shopping, or other support. The monthly notice clients receive will be based on their income and is a suggested amount calculated by the time, mileage, or other expenses of providing the service. **No one will be refused service because of inability or unwillingness to contribute!**



Keeping track of mileage is essential to calculating clients' cost share amounts for assisted transportation, so we encourage all volunteers to turn in mileage reports at the end of each month. The information we gather is also used when NSAP applies for state and federal grants that help fund these essential programs that benefit our community elders. **Volunteer drivers will be reimbursed directly from NSAP for their mileage expense or they can donate this amount back to NSAP.**

Stacey Hohman, our Program & Volunteer Coordinator, is looking for input on the best way to collect the information we need. We want to make it as easy as possible for volunteers to report and be reimbursed, so please reach out with any ideas.

Suggestions or questions? Don't hesitate to call! 218-226-3635

HOW WE CAN HELP

IN-HOME SUPPORT

Live well at home longer with assistance with personal cares, medication, housekeeping and more from our friendly and compassionate home health aides.

TRANSPORTATION

Get to your medical appointments and run local errands with the help of volunteer drivers.

PUBLIC PROGRAMMING

Attend educational workshops, social activities, and other opportunities offered by NSAP staff or guest contributors.

CARE NAVIGATION

Let us help you navigate aging ins and outs whether it be service planning, referrals, end of life planning or paperwork assistance.

RESOURCES

Utilize our legal kiosk, learn about veteran's benefits, get help setting up your emergency phone.

CAREGIVER SUPPORT

Provide positive support and care for your loved one as long as possible with the help of our confidential support, advocacy, and resources for caregivers.

CAREGIVER SUPPORT GROUP

**2nd Tuesday each month
1:00 – 2:30 PM**

36 Shopping Center, Silver Bay

For any **new** or **interested caregivers**, please contact Amy at caregiver@nsapartners.org or call 218-353-1561 before the meeting.

Compassionate and confidential support for older adults age 60+ who wish to remain in their homes for as long as possible.

36 Shopping Center
Silver Bay, MN 55614
218-226-3635
www.nsapartners.org



Coffee Connection

***Tuesdays & Thursdays**
*unless otherwise noted

9:30 AM - 12 PM

Stop in and enjoy coffee, goodies and conversation!



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36 Shopping Center
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MEDICARE OPEN ENROLLMENT

Now - Tuesday, Dec. 7, 2021

Call the **Minnesota Senior LinkAge Line** at **800-333-2433**, schedule an appointment or attend an info session if you have questions about **Medicare**.

The Senior LinkAge Line is a free service of the Minnesota Board on Aging, delivered by Arrowhead Economic Opportunity Agency and other Minnesota Area Agencies on Aging.

m MINNESOTA
SENIOR LINKAGE LINE



TECHNOLOGY TUESDAYS!

We are now offering **Technology Support**! We have a very kind volunteer who will be available each Tuesday, unless otherwise noted.

Drop-ins: 11 am - 12 pm

Appointments: 12 pm - 2 pm

Stop in or schedule an appointment for one-on-one assistance navigating your devices. **If you are an older adult 60+**, get help using email, sending photos from your phone, making video calls, accessing resources and more!



Technology Tuesdays

Tuesdays - 11 Am - 2 pm

Drop-ins 11 am - 12 pm
Appointments 12 pm - 2 pm

Be sure to bring your devices, cords, passwords and questions for our 30 minute, one-on-one sessions.

MEET OUR NEW STAFF MEMBERS!

Stacey Hohman Program & Volunteer Coordinator

Stacey is a Silver Bay local and brings 17 years of experience working at the Minnesota Vet's Home as a Recreational Program Assistant. She looks forward to continuing to make a difference within the older adult population while nurturing a strong support system through all NSAP volunteers. Stacey is very creative and is passionate about reading, writing, drawing, and playing pickle ball.



Nicolle Parks Home Health Aide

Nicolle has spent the last 7 years serving the public through the state park system and is excited to apply those skills and experiences to our community. She is passionate about NSAP's mission and is looking forward to this new journey. Nicolle grew up in Brainerd, MN and is currently living in Finland with her husband and two children. Her hobbies include spending time with family, camping and reading.



Welcome

GIVE TO THE MAX DAY Thursday, November 18, 2021



NSAP is excited to be participating in Give to the Max (GTM) again **this year**. GTM is an annual online event hosted by GiveMN, a Minnesota-based nonprofit organization. Give to the Max not only raises funds to support our work, but also raises awareness to NSAP and our mission, supporting independence for older adults in eastern Lake County!

When you give between **now and November 18**, our volunteer board of directors will match up to **\$2000** of donations, to double the value of your gift!

If you prefer to **donate via check**, please indicate in the memo that it's for **Give to the Max** and it will still be counted if we receive it by **Monday, Nov. 22!**

Donate here: <https://bit.ly/NSAPGTM21>

ACCESS THE LEGAL SYSTEM AT NSAP

Here at the North Shore Area Partners office, we have a Legal Kiosk which serves as a **virtual portal to the Legal Aid Service of Northeastern MN (LASNEM)**, which manages the kiosk. Anyone is able to use the kiosk located at NSAP for tasks such as **intakes, meetings with their attorney, and appearing virtually as needed** while represented by the LASNEM.

Want to book an appointment to use the legal kiosk located at North Shore Area Partners?

Call **218-226-3635** or email **wendy@nsapartners.org**

Learn more about the kiosk here: **<https://bit.ly/3wsa1dp>**

At a Legal Kiosk you can:

- Find information about your legal problem
- Apply for a free lawyer
- Learn about your rights



Also at some locations:

- Video meeting with your lawyer or court
- Print and scan documents



MEDICAL EQUIPMENT LOAN CLOSET

Did you know we have a **FREE medical equipment loan closet?**

Any individual in need of durable medical equipment for either short term or long-term use is welcome to use the closet. There are a variety of items available, such as:

- Canes
- Commodes
- Incontinence supplies
- Shower chairs and transfer bath benches
- Toilet risers
- Walkers
- Wheeled walkers (with seat)
- Wheelchairs (manual)
- Much more!

Call ahead to check on the availability of an item, or stop in and take a look! We are open 8:30 AM - 4 PM Monday - Thursday. 218-226-3635

Wish to Donate Equipment?

We currently have a surplus of items and are unable to accept donations at this time.

55 total items have been lent out since June 2021!



WE WANT TO HEAR FROM YOU!

We would love to know how North Shore Area Partners has affected your life! **If you'd like to share, please fill out the information below and drop the sheet in our night drop box or mail to our address.**

Thank you for your testimonial!



First Name: _____

Last Name : _____

Date: ____/____/____ **Age:** ____

Are you a: volunteer | client | caregiver | community member | donor
(Please circle all that apply)

Please share any thoughts or stories about your experience with North Shore Area Partners staff or volunteers or about the organization in general. What value has NSAP brought to your life?

Signature: _____

**By signing this form, you authorize North Shore Area Partners to use your association with NSAP and age when displaying your testimonial in our grant reports and communication materials.*



PLEASE CONSIDER NORTH SHORE AREA PARTNERS FOR YOUR CHARITABLE GIVING!

We can't do it without your support! Thank you for your gift!

I wish to make a gift of: \$10 ____ \$25 ____ \$50 ____ \$100 ____ Other _____

Please accept my gift in honor/memory of: _____



**NORTH SHORE AREA
PARTNERS**

**36 Shopping Center
Silver Bay, MN 55614**

218-226-3635

www.nsapartners.org

OFFICE HOURS

**MONDAY – THURSDAY
8:30 AM – 4:00 PM**

PROGRAM STAFF

Lise Abazs, Executive Director
Diane Knust, LISW, Home Care Manager
Amy Renne, Caregiver Consultant
Keri Johansen, Services
Wendy Johnson, Office
Stacey Hohman, Programs & Volunteers
Nancy Christenson, Outreach
Sarah Thomson, Communications

HOME CARE STAFF

Dedie Moore, RN
Annette Lewis, CMA
Darcy Alvarez, CNA
Collette Klemmer
Samantha Ahlbeck
Chris Hill
Nicolle Parks

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SUPPORTED BY:

Minnesota Dept of Human Services,
Lake County Health & Human Services,
Arrowhead Area Agency on Aging-ARDC,
AEOA, Lloyd K. Johnson Foundation,
Northland Foundation, United Way,
Cliffs Foundation, Co-op Light & Power,
& many local individuals and businesses